

# Cave Style Dental Clinic: A Way for Reducing Fear of Patient

# Rujittika Mungmunpuntipantip<sup>1</sup>, Viroj Wiwanitkit<sup>2</sup>

<sup>1</sup>Private Academic Consultant, Bangkok Thailand. <sup>2</sup>Honorary Professor, Dr DY Patil University, Pune, India.

## Abstract

Fear is a common sense of patients, especially for children case, when visit to a dental clinic. Here, the authors present an extraordinary case from Thailand that a dental clinic is specifically designed and decorated in cave style. The aim is for decreasing fear of the patient who visits to get dental care.

Keywords: Cave, Dental, Clinic, Fear.

## Introduction

Fear is a common sense of patients, especially for children case, when visit to a dental clinic. Here, the authors present an extraordinary case from Thailand that a dental clinic is specifically designed and decorated in cave style. The aim is for decreasing fear of the patient who visit to get dental care.

# **Case study**

The clinical is located at Maung district, Ubbonratchathani province, Thailand. Dentist who is the owner of this clinic decorate the interior of the building into a cave style. The external building is similar to general building. The aim of the decoration is for relieving of fear of patient who receive care at the clinic. The beauty of the place also attracts the visitor and patient. This can also be a leisure during waiting to receive dental care.

#### Discussion

Fear of dental care is a common problem in clinical practice [1 - 3]. Children usually feel fear when they have to receive dental care. Sometimes, it might interrupt clinical procedure. How to reduce fear is interesting. In this case, using interior architectural design can successful innovate a new innovation for leisure during waiting and receiving of dental care.





Figure 1.Cave style dental clinic

## Conflict of interest: None

# References

- Olak J, Saag M, Honkala S, Nõmmela R, Runnel R, Honkala E, Karjalainen S. Children's dental fear in relation to dental health and parental dental fear. Stomatologija. 2013; 15(1): 26-31.
- 2. Klingberg G. Dental fear and behavior management problems in children. A study of measurement, prevalence, concomitant factors, and clinical effects. Swed Dent J Suppl. 1995; 103: 1-78.
- 3. Klingberg G, Berggren U, Norén JG. Dental fear in an urban Swedish child population: prevalence and concomitant factors. Community Dent Health. 1994 Dec; 11(4): 208-14.